



BESt Video Interview

Instructions for Recording and Submitting

Thank you for your interest in BESt Healthcare Institute.

As part of the application process, you are invited to record and submit a short video interview using a series of standard questions. Simply respond to them as if they were being asked of you in an in-person interview. Our reviewers will use the video to both learn more about you personally and to assess your maturity and interest in our STEM-based program.

You will have 5 minutes total for which to answer the interview questions found below. When completed, please include a working link (preferably playable) to your video in the online application submission.

Before recording, you will need to make sure you have a computer or mobile phone with a camera and video capability so you're able to capture both video and audio. You may want to consider the following tips to prepare yourself and your space. We recommend these best practices to ensure you're ready for a great interview.

- *Cameras on* — We love to see your smile face and hearing your voice. Be sure there is adequate lighting in video, that your background is not distracting, and speak clearly so we can hear what you have to say.
- *Get comfortable* — Get dressed in appropriate clothes and practice as many times as you would like before submitting the final video. But please submit only one video that answers the interview questions in a total of 5 minutes or less.
- *Ask questions* — Email us at Contact@BEStHealthcareInstitute.org or reach us at besthealthcareinstitute.org/contact/ with any video interview questions or difficulties.

We look forward to hearing more about you, students!

Sincerely,
BESt Healthcare Institute

Video Interview Questions:

Passion for Healthcare — What moment or experience first sparked your interest in a healthcare career, and how has that interest grown over time?

Maturity & Self-Awareness — Describe a situation when things didn't go as planned. How did you adapt, and what would you do differently now?

Leadership & Teamwork — What is the leadership strength you are most proud of, and can you share an example of how it has made a difference? What is one area you know that you need to continue developing to become an even stronger leader?

Motivation for the Program — What part of this summer Healthcare Institute are you most excited about, and why?